



# BUILDING YOUR PROFESSIONAL BRAND

## EXPERIENCES CHECKLIST

### HOME

- |  |  |
|--|--|
| <input type="checkbox"/> Yardwork                                      | <input type="checkbox"/> Trained a pet   |
| <input type="checkbox"/> Repaired furniture or appliances              | <input type="checkbox"/> Collected and studied things like rocks, insects, or shells |
| <input type="checkbox"/> Took care of sick or elderly people           | <input type="checkbox"/> Sorted mail   |
| <input type="checkbox"/> Took care of siblings                         | <input type="checkbox"/> Replaced burned-out fuses                                   |
| <input type="checkbox"/> Worked out my budget                          | <input type="checkbox"/> Shoved snow   |
| <input type="checkbox"/> Decorated my room                             | <input type="checkbox"/> Repaired a toy or electronics                               |
| <input type="checkbox"/> Changed a tire on a bike or car               | <input type="checkbox"/> Other: _____  |
| <input type="checkbox"/> Helped sell things at a garage sale or online |  |

### SCHOOL

- |  |  |
|--|--|
| <input type="checkbox"/> Helped a teacher                            | <input type="checkbox"/> Operated projection or video equipment  |
| <input type="checkbox"/> Assisted in the office                      | <input type="checkbox"/> Helped construct a float, set, or props |
| <input type="checkbox"/> Wrote for the school paper or blog          | <input type="checkbox"/> Recruited others to join a team or club |
| <input type="checkbox"/> Sold magazines, candy, concessions, or more | <input type="checkbox"/> Participated in a club or sport         |
| <input type="checkbox"/> Ran for a leadership position               | <input type="checkbox"/> Other: _____                            |
| <input type="checkbox"/> Sold tickets for a school activity          |  |
| <input type="checkbox"/> Made announcements                          |  |

### COMMUNITY

- |  |   |
|--|---|
| <input type="checkbox"/> Instructed others in games or activities                | <input type="checkbox"/> Volunteered at a hospital, daycare, or nursing home      |
| <input type="checkbox"/> Took care of a neighbor's yard/plants/pets              | <input type="checkbox"/> Participated in scouts or another community organization |
| <input type="checkbox"/> Handed out advertising or political notices             | <input type="checkbox"/> Acted as an assistant to a community organization        |
| <input type="checkbox"/> Worked on a neighborhood improvement or service project | <input type="checkbox"/> Sang in a church or community choir                      |
| <input type="checkbox"/> Visited an older person                                 | <input type="checkbox"/> Planned a community event                                |
| <input type="checkbox"/> Acted as a playground supervisor                        | <input type="checkbox"/> Other: _____   |
| <input type="checkbox"/> Acted as an assistant or head coach                     |   |



## WORK

- Delivered packages, newsletters, or other communication
- Babysat
- Mowed lawns, removed snow, or other yardwork
- Washed cars
- Completed data entry
- Managed calendars and email
- Answered the phones
- Provided customer service
- Prepared food
- Ran a cash register
- Stocked shelves and organized products
- Bagged groceries